

Rotary
District 3011



SHAKTI

ROTARY CLUB OF DELHI SAFDARJUNG



Stephanie A. Urchick

RI President
2024-25



Dr. Mahesh Trikha

Distt. Governor
2024-25



Rtn. Dr. Priya Oberoi

President
2024-25



Rtn. Sumati Puri

Hony. Secretary
2024-25

JULY 2024

*Service
Above Self*

RI PRESIDENT'S MESSAGE

Rotary is at its best when we foster a sense of inclusion and belonging in our clubs. In fact, I would go so far as to say that belonging is The Magic of Rotary itself. With a focus on inclusivity and belonging, it is easier to be united in a common purpose. When we are committed to one another and focused on our goals, we are most effective. Rotary's Action Plan can help. The Action Plan comes with tools you can use to collect feedback, assess your club's strengths and weaknesses, and address challenges. The world is changing, and our clubs can't afford to stand still. But the changes we make need to be consistent and strategic — building on one another toward a greater vision. The Action Plan can help you work toward that vision and create effective change within your club. Following the Action Plan and addressing suggestions from the community will go a long way to fostering the sense of belonging we want all Rotary members to feel in their clubs.



That's why expanding our commitment to diversity, equity, and inclusion is so important. Committing ourselves to each other's well-being is the first step to expanding our reach, allowing us to spread Positive Peace in these troubled times. Peacebuilding is one of our top priorities, and one of the most effective ways we can build peace is with our Rotary Peace Fellowships, through which peace and development professionals learn how to prevent and end conflict. We offer the fellowships through our Rotary Peace Centers at leading universities around the globe, where more than 1,800 Rotary Peace Fellows have graduated. And thanks to a \$15.5 million gift from the Otto and Fran Walter Foundation, we can continue supporting peacebuilders in more regions with the next peace center at Bahçeşehir University in Istanbul. Opening another peace center is a monumental achievement, and it is my great honor to invite you to celebrate at next year's Rotary Presidential Peace Conference at the Istanbul center. The three-day conference 20-22 February will highlight the many ways our family of Rotary advances peacebuilding. Registration for the conference is officially open. I hope to see you there. The 2025 Rotary Presidential Peace Conference has great potential for our peacebuilding efforts — but only if we have your support.

The truth is, we're not going to bring peace to the world, end polio, or grow membership by waving a wand and saying some funny words. It's up to you. You create the magic with every project completed, every dollar donated, and every new member inducted. I love my Rotary family and I know you do too. That's why I know that together, we can make every club and district simply irresistible. This year, let us change the world by embracing The Magic of Rotary.

Stephanie A. Urchick

President 2024-25

DISTRICT GOVERNOR MESSAGE



Dear Magical President Dr. Priya Oberoi,

I'm delighted to learn of your club's Decision to come out with a monthly bulletin. This beautiful compilation depicting quality projects of a self sustaining nature will project a positive image of Rotary among the masses.

"All work and no play makes Jack a dull boy!" I'm pleased to see excellent bonding and vibrant bonhomie amongst the members. I can see you leading your club to great heights in Rotary Year 24-25. That is the essence of the "Magic of Rotary" that every Rotarian would take forward as a mark of legacy.

Best Regards

Dr. Mahesh P Trikha

District Governor 2024-25

RI Dist. 3011

Rotary
District 3011



PRESIDENT'S MESSAGE

Dear Esteemed Members of the Rotary Club of Delhi Safdarjung,

The “Magic of Rotary” is a wondrous force that transforms our collective enthusiasm into tangible acts of community service. It is this magic that breathes life into our mission, turning aspirations into achievements and dreams into reality. As your newly elected President, I am deeply honored to lead our esteemed club into a new term filled with promise and potential.



Reflecting upon the past year, our club has achieved remarkable milestones that have significantly impacted our community. Our relentless efforts in raising awareness about Thalassemia have borne fruit, culminating in a pivotal Memorandum of Understanding with Thalassemics India. This partnership has not only amplified our outreach but also fortified our commitment to combating this genetic disorder. Our numerous donation camps have been a testament to our unwavering dedication to community development. As we usher in this new term, I extend my heartfelt wishes to all members. May we continue to embody the Rotary motto, “Service Above Self,” with the same fervor and enthusiasm that has defined our past endeavours. Together, we have the power to make a lasting difference.

I am thrilled to announce that we have commenced this year with the installation of a Thalassemia screening machine, a monumental achievement in addressing community health concerns. This milestone underscores our commitment to proactive healthcare and early intervention.

Let us march forward with renewed vigor and an unyielding spirit of service. Together, we shall continue to illuminate the path of benevolence and make an indelible mark on the lives we touch.

Thank you, and may we all have a successful and impactful term ahead.

"If you are working on something that you really care about, you don't have to be pushed. The vision pulls you." -Steve Jobs

Dr. Priya Oberoi

President

2024-25

OUR TORCH BEARERS 2024-25



Rtn. Dr. Priya Oberoi
Club President



Rtn. Richa Sabharwal
Immediate Past President



Rtn. Teena Kapoor
President Elect



Rtn. Mona Puri
Vice President



Rtn. Sumati Puri
Hony. Secretary



Rtn. Lina Singh
Joint Secretary



Rtn. Mukta Bansal
Treasurer



Rtn. Saroj Joshi
Club Trainer



Rtn. Sarika Gandhi
Sergeant at Arms



Rtn. Shelly Syal
Club Service



Rtn. Asha Sharma
Vocational Service



Rtn. Kuldeep Kaur Bajaj
International Service



Rtn. Shilpi Kalra
New Generation



Rtn. Shobha Tuli
Community Service

OUR COMMITTEE CHAIR

Service Chair	:	Rtn. Sunita Khanna
IT	:	Rtn. Lina Singh
Membership	:	Rtn. Jabeen Chowdhary
Water, Sanitation & Hygiene	:	Rtn. Rachita Arora
Public Image	:	Rtn. Charuka Tandon
Club Administration	:	Rtn. Mona Puri
Literacy (T.E.A.C.H)	:	Rtn. Purabi Das
Peace Building & Conflict Prevention	:	Rtn. Saroj Joshi
Organ Donation	:	Rtn. Dr. Priya Oberoi
Mental Health	:	Rtn. Arpana Khanna
Diversity Equity & Inclusion	:	Rtn. Dr. Priya Oberoi

DIRECTORS

The Rotary Foundation (TRF)	:	Rtn. Sarika Gandhi
Corporate Social Responsibility (CSR)	:	Rtn. Ankita Saini
Skilling to Employment (Digital/Drone)	:	Rtn. Saroj Joshi
Skilling to Employment (Industrial / Tech)	:	Rtn. Lina Singh
Environment	:	Rtn. Radhika Malhotra
Director (Optional)	:	Rtn. Mona Puri



THE FOUR WAY TEST

OF THE THINGS WE THINK, SAY OR DO

- 1 IS IT THE TRUTH?
- 2 IS IT FAIR TO ALL CONCERNED?
- 3 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?
- 4 WILL IT BE BENEFICIAL TO ALL CONCERNED?



OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster :

- I. The development of acquaintance as an opportunity for service;
- II. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society.
- III. The application of the ideal of service in each Rotarian's personal, business, and community life.
- IV. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

AVENUES OF SERVICE

The FIVE Avenues of Rotary International Service and its Mission Objectives

Rotary's ideal of service is based on the Five Avenues of Service — Club, Vocational, Community, International and New Generations — that comprise Rotary International's philosophical cornerstone. Rotary clubs carry out efforts along each avenue in support of the Object of Rotary.

Club service works to strengthen fellowship of members through training and hospitality. Clubs have serious topics to work toward, so having various social events that bring members and their guests informally and for fun, contributes to genuine fellowship.

Vocational Service encourages members to serve other people through their vocations, education, skillsets, which encourages high ethical standards. October is Vocation Service Month when the many club service projects are celebrated.

Community Service is exactly what the name implies — projects and activities each club undertakes to improve community life. There are many projects in the Santa Ynez Valley in which all four Rotary Club volunteers have been involved: Sunny Fields Park, Senior Centers, scholarships, and more.

International Service volunteers work to expand the Rotarians' humanitarian work around the world. This important service promotes understanding and peace, sponsors projects in other countries and works with international partners to support projects in their communities.

New Generations Service works to engage youths and young adults in leadership roles. Rotary Youth Leadership Awards (RYLA) is a training program for young people, ages 14 to 30. The award emphasizes leadership and citizenship. Rotaract is an International Youth Program is for ages 18 to 30 while Interact focuses on international service for youths 12 to 18.

Installation of Thalassemia Screening Machine

01st July 2024 | Rotary Blood Bank, Tughlakabad Inst. Area, New Delhi

Empowering a Healthier Future, One Step at a Time Under the visionary guidance of our new president, Rtn. Dr. Priya Oberoi, we are proud to share the wonderful news of the installation of a Thalassemia Screening Machine on the occasion of Doctor's Day. This significant advancement took place at the Rotary Blood Center in the Tughlaqabad Institutional Area, New Delhi. With the inauguration conducted by our esteemed Chief Guest, District Governor Rtn. Mahesh Trikha and the First Lady Rtn. Sujata Trikha, blessed by District Secretary Rtn. Sanjeev Jawahar, Assistant Governor

The poster features the Rotary logo and the text: "On the occasion of Doctors' Day Rotary Club of Delhi Safdarjung Invites you for Installation of Thalassemia Screening Machine at Rotary blood bank". It lists the Chief Guest as Dr. Mahesh Trikha, District Governor, and the Guest of Honor as Dr. Rahul Bhargava, MBS, MD, DM, Principal Director, Clinical Hematology & BMT, Fortis Memorial Research Institute. The event is on 1st July 2024 at 11.30 AM at the Rotary Blood Bank, 56-57, Tughlakabad Institutional Area, New Delhi - 110062. It also mentions Rtn. Dr. Priya Oberoi, President (2024-25), and Rtn. Sumati Puri, Secretary (2024-25).

Rtn. Binita Kakar, Rtn Dinesh Jain, Rtn Hemant Bhasin, Dignitaries from the Rotary Blood centre - Chairman PP Rtn. Vipin Garg, Secretary PDG Rtn. Ramesh Agarwal, General Manager Mr. Sushil Dewan. A special thanks to our Guest of Honor, Dr. Rahul Bhargava, Principal Director of Clinical Haematology & BMT, for his contribution towards this noble cause. His efforts underscore the importance of our mission to enhance healthcare accessibility and support.

We also extend our heartfelt appreciation to our Secretary Rtn Sumati Puri, Rtn. Teena Kapoor, Rtn. Arpana Khanna, Rtn. Shilpi Kalra, and Rtn. Mona Puri for their unwavering support and dedication. Together, under the dynamic leadership of Dr. Rtn Priya Oberoi, we are writing a new chapter in healthcare, spreading hope, and working towards a healthier, happier India.

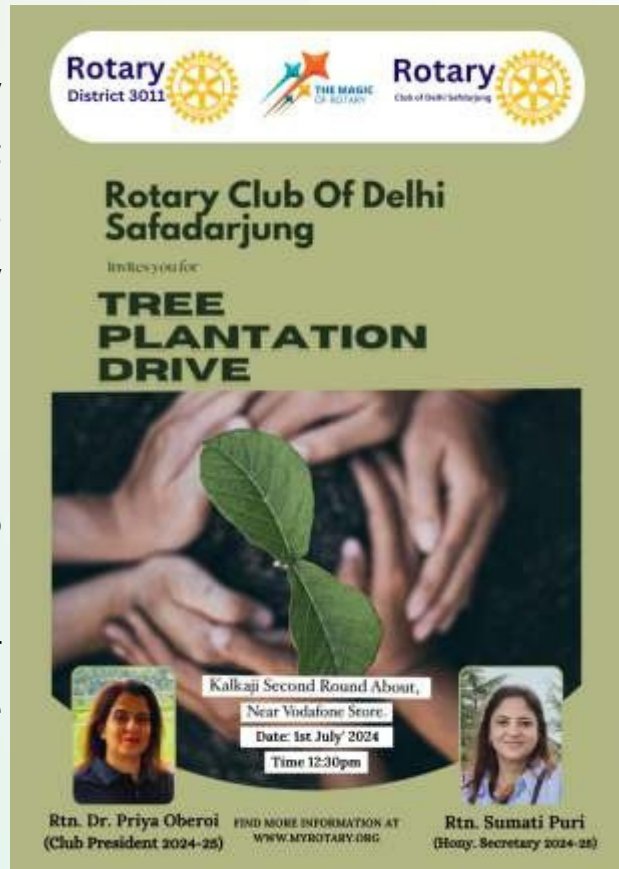
A special thanks to Lord Dr Sunil Oberoi for putting his ultimate strength into the project from the beginning till the end. Let's continue moving forward, united in our commitment to a brighter future for all.



Tree Plantation Drive

01st July 2024 | Kalkaji

In a commendable effort to usher in the New Year, our club successfully executed a tree plantation drive at Kalkaji's second roundabout this morning, under the visionary leadership of our new President, Dr. Rtn Priya Oberoi. Rotary Club Of Delhi Safdarjung has resolutely embarked on its mission to transform Delhi into a greener and more sustainable city. Congratulations are in order for planting over 100 saplings in the Kalkaji round about garden, an area in dire need of revitalization.



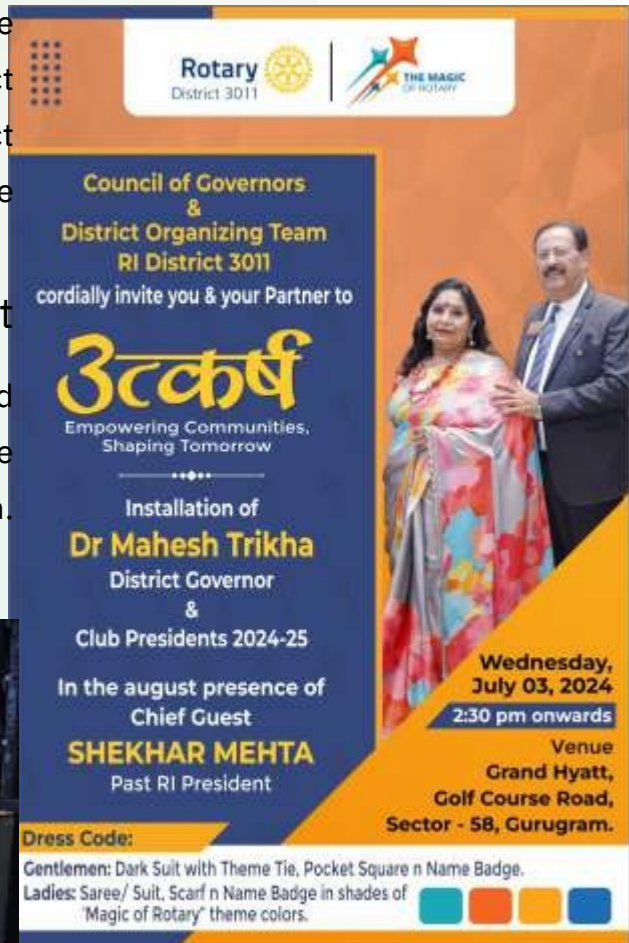
This initiative saw enthusiastic participation from the members of Kalkaji Vidhan Sabha, local residents, and even young children. Following the plantation, food goody packets were distributed to all attendees, fostering a sense of community and goodwill. A special thanks to Dr Sunil Oberoi for his full support and commitment. A heartfelt thanks to our Secretary Rtn Sumati Puri, Rtn. Mona Puri, Rtn. Shilpi Kalra, Rtn. Tina Kapoor and Rtn. Arpana Khanna for their invaluable contribution to this drive. Your dedication and hard work are truly inspiring and integral to the success of our mission to empower a greener future. Planting trees with a signboard of the Rotary Club indeed enhances the *PUBLIC IMAGE™ of the club. It demonstrates the club's commitment to environmental sustainability and community beautification. Passersby who notice the signboard will associate the Rotary Club with positive contributions to the community, furthering the club's reputation and outreach efforts.



Utkarsh - DG Installation

03rd July 2024 | Gurugram

Rtn. Dr. Priya Oberoi was installed as the club president in the grand district Installation Ceremony of District Governor Dr. Mahesh Trikha and the Presidents of Rotary International District 3011. The event was held at 'Grand Hyatt' Gurugram. Dr. Priya was accompanied by her partner Dr. Sunil Oberoi and the club members Rtn. Mona Puri & Rtn. Vandana Gurwara.



Rotary District 3011 | THE MAGIC OF ROTARY

Council of Governors & District Organizing Team RI District 3011 cordially invite you & your Partner to

उत्कर्ष

Empowering Communities, Shaping Tomorrow

Installation of **Dr Mahesh Trikha** District Governor & Club Presidents 2024-25

In the august presence of Chief Guest **SHEKHAR MEHTA** Past RI President

Wednesday, July 03, 2024
2:30 pm onwards

Venue Grand Hyatt, Golf Course Road, Sector - 58, Gurugram.

Dress Code:
Gentlemen: Dark Suit with Theme Tie, Pocket Square n Name Badge.
Ladies: Saree/ Suit, Scarf n Name Badge in shades of 'Magic of Rotary' theme colors.



Holistic Health Awareness & Stress Management Session

05th July 2024 | TC Global, Nehru Place

A mind power development session was organized by Rotary club of delhi Safdarjung today under the leadership of the President Rtn Dr. Priya Oberoi and Secretary Rtn Mrs Sumati Puri, Rtn. Teena Kapoor , who is also a Cognitive Skills Coach, conducted a Holistic Health Awareness. Session with the members of TC Global team, Nehru Place, c/o Rtn. Natasha Chopra ji . The session was attended by 150 members, both online and offline.



During the session Rtn. Teena shared some powerful and doable stress management techniques and Meditation tools to bring the Mind , Body and Soul in alignment with each other. The Speaker was given a warm welcome and introduction by Rtn. Natasha Chopra ji. The session was highly appreciated by all! the attendees who felt that such a session was the need of the hour.



Installation of Seed Bank Drive

05th July 2024 | St. Paul's Diocesan School, Jangpura

Today marked the commencement of a remarkable initiative by our esteemed President, Rtn. Dr. Priya Oberoi, celebrating Van Mahotsava with a seed plantation drive at St. Paul Diocesan School, Jungpura. The event began with an inspiring welcome speech by Mrs. Rohini Juliana Das, Principal of St. Paul's



Diocesan School. She warmly welcomed the Chief Guest, Dr. Santosh George, founder of We Plant India Trust, President Rtn. Priya, and other distinguished Rotarian members. Dr. Santosh George, in his address, motivated the school students to actively participate in the plantation drive. The theme for this drive was 'Save the Seeds' बीज बचाओ बीज लगाओ' and 'Hunger and Malnutrition'. Dr. George, along with Mrs. Rohini Juliana, engaged in a productive discussion with our President, Rtn. Dr. Priya Oberoi, Rtn. Tina Kapoor, and Rtn. Mona Puri. The children were also encouraged to create seed banks for the collection and sowing of seeds. The primary aim of the drive was to raise awareness among children about environmental protection and the prevention of deforestation, which can lead to hunger and malnutrition. The students successfully planted over 100 saplings of fruit trees, including guava, lemon, and pomegranate. The success of this event is a testament to the dedicated efforts of Rtn. Dr. Priya Oberoi, the members of Rotary club of Delhi Safdarjung, Dr. Santosh George with his 'We Plant India' team. Their vision and commitment to environmental conservation and education have inspired both students and faculty. The plantation drive concluded with a pledge from the school children to establish a seed bank and ensure that the valuable lessons learned today would be implemented with enthusiasm, guided by the support of their teachers. This initiative not only underscores the importance of environmental stewardship but also highlights the outstanding leadership of Rtn. Dr. Priya Oberoi, whose efforts have made a lasting impact on the community.



Blood Donation & Mega Health Checkup Camp

06th July 2024 | RGIMT, Kalkaji

RCDSJ in association with Radha Govind Institute of Management and Technology organised Blood donation camp with Thalassemia screening and Mega health check up camp including BP, Sugar, PFT, ECG, Bone Densometry, Pap Smear, Mammography, Oral Cancer detection, along with Eye and Dental checkup at C 1 Kalkaji, near Kalkaji police station, Delhi. It was a very well conducted camp involving esteemed Institutions like – Red Cross Society, Thalassemics India, Apollo Hospital, Rajiv Gandhi Cancer Institute, Centre for Sight and Indian Dental Association, New Delhi Branch. Heartfelt thank you to the

Rotary District 3031 **THE MARBLE INSTITUTE** **Rotary** DISTRICT 3031

Rotary Club of Delhi Safdarjung
in association with
RGIMT Radha Govind Institute of Management & Technology
is organising
Blood Donation Camp with Thalassemia Screening
and
Mega Health Check up Camp
(BP, Sugar, PFT, ECG, Bone Densitometry,
Pap Smear, Mammography, Oral Cancer Detection)
with
Eye & Dental Check up

RGIMT **Q-C-C** **Saturday, 6 July'24**
C1 Kalkaji, Near Kalkaji Police Station, Delhi **10am-4pm**

Red Cross Society **Thalassemics India** **Apollo** **Rajiv Gandhi Cancer Institute** **Centre for Sight** **IDA**

Rtn. Dr. Priya Oberoi
(Club President 2024-25)

Rtn. Sumati Puri
(Hony Secretary 2024-25)

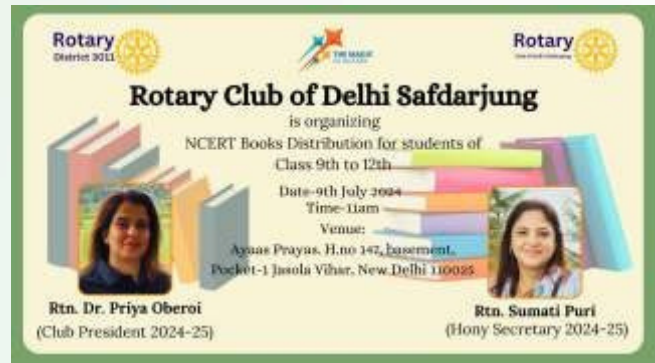
president Rtn Dr Priya Oberoi, Secretary Rtn Sumati Puri, Rtn Dr. Asha Verma, Rtn. Dr. Rachita, Rtn Mona Puri, Rtn Purabi Das, Rtn Mukta Bansal and Rtn Dr. Geeta Kalra for making it a big success. Project was Also witnessed by -Rtn. Arun Roongta, Rtn. Hemant Bhasin, Cabinet minister Atishi Singh, IDA President Dr. Vandana Jyoti and Secretary Dr. Vineeta chug There were more than 100 individuals who benefited from the camp We believe that through proactive measures like these we can contribute to fostering a healthier and more equitable society The Rotary club of Delhi safdurjung remains dedicated to serving the community and advocating for the holistic advancement in all spheres of life



NCERT Books Distribution

09th July 2024 | Ayaas Prayas, Jasola Vihar

NCERT books distribution was done at Ayaas Prayaas Charitable Trust for the students of 9th to 12th. By our club Overwhelmed to see joy on the faces of children who are enthusiastic towards learning and contribute towards the community. Much thanks



to the sponsors Jasjit ji, M/S Um moo! Chand India emporium and Rajesh Katyal ji. Their contribution will significantly add to the children's learning experience enabling them with invaluable resources towards their education. A huge thanks to friend of Rotary Ms. Harsimran Kaur , school coordinator, Footprints School, whose presence glorified the event. Received a very warm thank you from the Secretary of Ayaas Prayas, Ms. Charu Lamba and Ms. Anita Saini, conveying on behalf of the students and faculty of Ayaas Prayas, their heartfelt gratitude for the generous donation of books to Class 9th to Class 12th. Thank you President Rtn Dr Priya Oberoi and our Secretary Rtn Mrs Sumati Puri for this initiative. The club support was deeply appreciated and will have a lasting impact on the education and future of our students. A big Thank you to the club for their commitment to fostering education and making a difference in our community.



Installation Ceremony of Young Crusaders Intract Club

15th July 2024 | Guru Tegh Bahadur 3rd Centenary Public School

The Installation Ceremony of Young Crusaders Interact Club of Guru Tegh Bahadur 3rd Centenary Public School was held on Monday, 15th July, 2024, under the esteemed patronage of Rotary Club of Delhi Safdarjung.



The Chief Guest was PDG Rtn. Ramesh Chandra Ji and the Guest of Honour PAG Rtn. Radhika Backliwal Narain, District Chairperson New Generation. The other eminent Rotary Guests were President Rtn. Dr. Priya Oberoi, Secretary Rtn. Sumati Puri, Rtn. Shilpi Kalra, Director New Generation, Rtn. Mona Puri, District Interact Chair, Rtn. Dr. Tejinder Singh Ji, GTB Mentor & Rtn. Teena Kapoor, Rtn. Shelly Syal and Rtn. Vandana Gurwara. The meeting was called by Mrs. Madhu who accorded a warm welcome to all the dignitaries and presented green saplings. Outgoing President Simrat Kaur and Secretary Mehar Kaur shared their experience and gave a report of the activities conducted by the Interact Team in the previous session 2023-2024.

The Chief Guest PDG Rtn. Ramesh Chandra Ji and the Guest of Honour PAG Rtn. Radhika Backliwal Narain, Rtn. Dr. Priya Oberoi, Rtn. Mona Puri & Rtn. Dr. Tejinder Singh Ji addressed the gathering, congratulated the newly inducted team and applauded the splendid work of the Interactors. The insightful and memorable session culminated with the Vote of Thanks proposed by Mrs. Madhu Varma. She expressed heartfelt gratitude for the immense support of the Rotary Members. Our Motto '**SERVICE ABOVE SELF**'.



Installation of Plastic Waste Disposal Bin

18th July 2024 | DPS Vasant Kunj

Our project today for the installation of Plastic waste disposal bin at DPS school, Vasant Kunj was another feather in the cap for our President Rtn Dr Priya Oberoi 'Say no to plastic workshop



conducted today at DPS Vasant Kunj under the guidance of our most respected Assistant Governor Rtn. Binita Kakar ji.. Sensitising the children about recycling of plastic waste after the installation of plastic waste disposal bin outside their canteen. Children loved to become a part of Plastic Warriors..and pledged to step ahead towards spreading this pressing issue to a much wider scale.

Much Appreciated by the school Principal and teachers who showed their interest in working towards further sensitisation of children in various other fields like Tobacco, Hand hygiene, cervical vaccination awareness and alot more. Thank you so much dear RCDSJ members for your support and Secretary Rtn. Sumati Puri, Rtn. Mona Puri, Rtn. Arpana Khanna, Rtn. Shilpi Kalra, Rtn. Teena Kapoor for their participation in today's event. We as Rotarians have always been committed to service above self, and today, we take another significant step in our journey by addressing one of the most pressing environmental issues of our time i.e. plastic pollution. Our today's theme 'Say No to Plastic, - is not just a slogan; it is a call to action, a commitment to change, and a pledge to protect our planet for future generations. Plastic has become an integral part of our daily lives, from the packaging of our food to the convenience of single-use items. However, this convenience comes at a great cost. Every year, millions of tons of plastic waste end up in our oceans, rivers, and landfills, causing irreversible damage to our ecosystems and wildlife. Microplastics have infiltrated our food chain, posing serious health risks to humans and animals alike. We, as committed individuals have the power and responsibility to make a difference. By saying no to plastic, we can lead by example and inspire others to join us in this crucial fight against pollution.



Distribution of Sanitary Napkins

19th July 2024 | Vatsalyam Gurukul School

Rotary club of Delhi Safdarjung took a further step in promoting menstrual hygiene by distributing sanitary napkins at Vatsalyam Gurukul School. This initiative falls under the project menstrual hygiene which aims to increase awareness and provide essential hygiene products. President Rtn Dr Priya Oberoi and Secretary Rtn Mrs Sumati Puri deserve heartfelt appreciation for their leadership and commitment. Their vision and dedication have made an impact on the lives of young girls. By ensuring access to sanitary napkins, the club contributes to the wellbeing and dignity of these students. Menstrual hygiene is a critical aspect of overall health. Initiatives like this empower girls to stay in school and pursue education.



BOARD MEETING

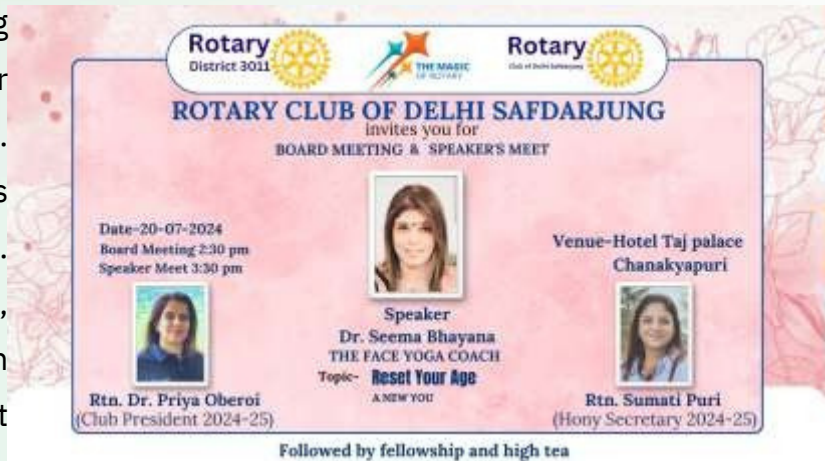
20th July 2024 | Hotel Taj Palace, Chanakyapuri

The 1st board meeting and speakers meet under the presidentship of Dr. Rtn. Priya Oberoi Was held at Taj palace hotel. It was an interesting, informative and fun session with our guest speaker Dr. Seema Bhayana. She is a dentist as well as a Facia trainer.

Dr. Seema has great knowledge in this area. In a very interesting way she made all of us practice facial exercises. Thanks dear President and Secretary Rtn Mrs Sumati Puri for organising such a wonderful meeting.

The speakers meet was attended by Rtn Richa Sabarwal, Rtn Mona Puri, Rtn Arpana Khanna, Rtn Vandana Gurwara, Rtn Sarika Gandhi, Rtn Saroj Joshi, Rtn Asha Sharma, Rtn Neelam Rathod, Rtn Mukta Bansal, Rtn Shoba Tuli, Rtn Kuldeep Bajaj, Rtn Charuka Tandon ,Rtn Meeta Bhargav, Rtn Puarbi Das and Rtn Dr Namrata.

A very warm welcome to our two new members Dr. Anita Sethi and Dr. Geeta Kalra to the RCDSJ Family. It was pleasure meeting you both today.



DISTRIBUTION OF FOOD PACKETS-NIKSHAY MITRA

20th July 2024 | Nikshay Mitra

An ongoing heartwarming project of food packet distribution to Tuberculosis Patients under their care. This initiative showcases the club's unwavering commitment to the community's well being. A special note of thanks to the president Rtn Dr Priya Oberoi and Secretary Rtn Sumati Puri ,Rtn Asha Sharma and all the club members for their dedication to this noble cause



WELCOMING OUR NEW MEMBERS



Dr. Anita Sethi

Dr Anita Sethi, Principal Director & HOD Ophthalmology at Max Hospital, Saket and Panchsheel Park, is an experienced eye surgeon who believes in delivering comprehensive eye care to the patients. With vast experience in the field of eye surgery, she is proficient in Cataract and Refractive surgery including Femto Lasik, FLACS & ICL surgery.

She is well versed with all types of Oculoplastic Surgeries & Ocular Oncology. She has a keen interest in intra-ocular tumours and has pioneered the use of novel, eye-saving therapies such as Selective Intra-arterial Chemotherapy (IAC) and Plaque Brachytherapy.

WELCOMING OUR NEW MEMBERS



Dr. Geeta Kalra

Dr Geeta Kalra, is a Dental Surgeon having her Private Practice in South Delhi since last 25 years. She is an active member of IDA New Delhi Branch, presently holding the post of Vice president. She has her done BDS from Mysore University and served as Junior Resident Doctor in Deen Dayal Upadhaya Hospital, Hari Nagar, New Delhi. After that She served as Ex Service Men Dental Surgeon in Army Base Hospital. She also served as Ex Serviceman Dental Surgeon at Armed Forces Dental Clinic. To add further She have been conducting lots of Dental camps for IDA New Delhi Branch. She have served as Chairman Women Dental Council IDA New Delhi Branch. Her VISION is to serve the society with her knowledge and services and would like to actively participate in the Rotary events.



Dr. Seema Bhayana

Dr. Seema Bhayana is a dedicated professional with 25 years of experience in dentistry, driven by a deep passion for holistic well-being. While her career began with a focus on dental care, her commitment to overall health led her to explore posture correction and face yoga. To enhance her expertise, Dr. Bhayana completed over 40 courses under renowned mentors like Danielle Collins, Sardie Nardini & Gary. Her platform, Reset Your Age, exemplifies her dedication to improving quality of life through holistic practices. For the past six years, Reset Your Age has offered group, corporate, and personalized sessions, gaining recognition from esteemed organizations such as Capital Foods, Encore Capital, Atisfy, Gaursons, the Rotary Club of Women in Delhi and Ghaziabad, SPDC, Wardha, and Vellore Institute of Technology. Dr. Bhayana's specialized sessions include facial exercises targeting anti-acne treatments, anti-wrinkle techniques, face lifting, and fascia release, utilizing specialized face tools. Dr. Bhayana's holistic approach seamlessly integrates physical, mental, and emotional health, addressing the unique challenges faced by individuals in various environments. Her mission is to guide people toward better posture, improved health, and a renewed sense of self. Through Reset Your Age, Dr. Bhayana continues to inspire and transform lives, making her a trusted expert in overall wellness and a beacon of health and happiness.

CONGRATULATIONS!

Congratulations! To our members for holding District positions for 2024-25
You make us proud!!



Rtn. Saroj Jaswal Joshi
District Chair
Friendship Exchange



Rtn. Tejinder Singh
District Chair
Thalassemia



Rtn. Mona Puri
District Interact Chair



Rtn. Asha Sharma
District Co-Chair
Literacy-Happy School



Rtn. Richa Sabharwal
District Chair
DILA

Birthday - July

09th July :Rtn. Dr Priya Oberoi
26th July : Rtn. Lina Singh
28th July :Lord Dr. Sunil Oberoi

Birthday - August

04th Aug. :Rtn. Hiroko Ralhan
16th Aug. :Rtn. Radhika Malhotra
20th Aug. :Lord Kunal Kapoor
20th Aug. :Rtn. Asha Sharma

Anniversary - July

29th July :Rtn Natasha and Lord Chopra

Anniversary - August

02nd Aug. :Rtn Hiroko Ralhan & Lord Jawahar Ralhan

EDITOR'S MESSAGE



Rtn Vandana Gurwara

Editor

Greetings to all of you !

Our Rotary club known for its commitment to service above self, has touched countless lives by creating Magic ! Through the month of July our members have continued to try and embody the spirit of services Together we have faced challenges, spreading warmth and kindness through all our initiatives. The impact of our efforts have been felt, leaving behind a trail of positive change Going forward,! look forward to capturing and sharing stories of our collective journey which is fuelled by compassion ,empathy, and a shared vision of creating Magic for all Thank you for being an integral part of this incredible Rotary family and giving your unwavering Support and dedication.

Rotary
District 3011



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**THE MAGIC
OF ROTARY**